

Holiday Camps

Example Schedule

Mini-sports (ages 5 - 7)

TIME	ACTIVITY
9.30 - 10.00	Warm up
10.00 - 11.00	Capture the flag
11.00 - 11.10	BREAK
11.10 - 12.00	Dance/Drama
12.00 - 13.00	LUNCH
13.00 - 14.00	Crafts
14.00 - 14.10	BREAK
14.10 - 15.00	Parachute games
15.00 - 16.00	Crashmat relays
16.00 - 16.30	Cool down & Finish

