**SOUTH WEST MINISTRY TRAINING COURSE**

***adventurous faith* | *missional hope* | *grounded love***

**Learning Journal**

Use this form to write your theological reflections after residential weekends 1-5 or Lent/Easter School, and then send it to your Journal Tutor and Staff Tutor, and also upload it to your Formation Folder. As the year goes on, annotate what you have written in the light of further reflections/experience. Remember to date any annotations and to use a different font/colour.

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| **Residential Weekend No:** | **Date:** | **Chosen model of reflection:** |

**SECTION 1 (c. 200 words)**

Write about your personal reactions to the residential weekend or Lent/Easter School. In particular, what did you find most affirming? And most challenging?

**SECTION 2 (c. 400-500 words)**

Choose one of the models and one element from the weekend. Use the model to write a short theological reflection which describes how your chosen element has influenced your faith/theological thinking/spiritual life.

**SECTION 3 (c. 100-200 words)**

Reflect briefly on the following.

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| ***First years and new students in the second year:***  Skills for ministry: (a) What experience of liturgy or prayer was new to you, or struck you in a new way? Set out how it did. (b) Did you work with others in a new way, or with students with whom you had not worked before? If so, how? |
| ***Second and third years:***  Skills for ministry: What new insights did you have about pastoral/professional practice?  The practice of Theological Reflection: (a) Which model of reflection did you choose? Why do you think that was? (b) At a few points in the year, compare your experiences of using different models of reflection. Which taught you most? Which surprised you most? |