

Postgraduate Diploma in Christian Spirituality

Sarum College
T4: Module Overview Table
2026-2027

Module Code	Module Title	Level	Credits	Compulsory	Summary of Content	Teaching and Learning Methods	Learning Hours	Assessment Methods
TMM42220	Research and Reflection: Resources and Methods (In person version)	7	20	Yes	The nature of and methods for research in theology and spirituality, outlining major approaches to theological research and when they are suitable, the ethics of research including working with people's experiences, and the designing of a research project.	In-person Lectures/seminars; Online Tutorials.	Lecture/seminar: 18 hours; tutorial: 1 hour; Independent Study: 181 hours.	Component 1: Portfolio 100% Portfolio (6000 words)
TMM44620	Contemporary Spirituality in Historical Context	7	20	No	This module first introduces the concepts of 'contemporary', 'modern', and 'postmodern' spirituality and how we might study such concepts. We then offer a range of examples of spirituality as lived out and practiced in a variety of different contexts as well as looking at spiritual practices and ways of writing. This includes black and decolonial spiritualities, feminist and activist spiritualities, Orthodox spiritualities, modern and postmodern mysticism and 20th and 21st century spiritual practices.	In-person Lectures/seminars; Online Tutorials; Engagement with structured learning materials	Lectures/seminars: 20 hours; tutorials: 1 hour; independent study: 179 hours Total 200 hours	Component 1: Assignment 75%. Essay of 3,750 words. Component 2: 25%. Essay (Blog post) of 1,250 words.
TMM44820	Foundations and Forms of Christian Spirituality	7	20	No	This module explores the key foundations of Christian Spirituality beginning with explorations of both the Greek and Hebrew influences on the development of the Christian spiritual tradition. The module offers an overview of the various different ways the spiritual tradition progressed including perspectives on mysticism and monasticism and on cultural expressions of Christian spirituality. We will be engaging in reading some key texts and exploring issues of hermeneutics and interpretation. We will also consider how we, as scholars of Christian spirituality, study and approach this subject.	In-person Lectures/seminars; Online Tutorials; Engagement with structured learning materials	Lectures/seminars: 20 hours; tutorials: 1 hour; independent study: 179 hours Total 200 hours	Component 1: Assignment 75%. Essay of 3,750 words. Component 2: Assignment 25%. Book review of 1,250 words.
TMM45220	Liturgy and Spirituality	7	20	No	This module considers the relationship between liturgy and spirituality, looking at historical and contemporary practice. There is a particular focus on sacrament in anglican practice and in other denominations.	In-person Lectures/seminars; Online Tutorials; Engagement with structured learning materials	Lectures/seminars: 20 hours; tutorials: 1 hour; independent study: 179 hours Total 200 hours	Component 1: Assignment 75%. Essay of 3,750 words. Component 2: Assignment 25%. Essay of 1,250 words.
TMM48820	Medieval Christian Spirituality	7	20	No	This module consists of an in-depth exploration of major themes, practices and genres of writing related to the spiritual lives of Christians in the Middle Ages (roughly 500-1500). We will consider methodologies for studying medieval spirituality before examining the issues related to various categories have used to delineate medieval spirituality.	In-person Lectures/seminars; Online Tutorials; Engagement with structured learning materials	Lectures/seminars: 20 hours; tutorials: 1 hour; independent study: 179 hours Total 200 hours	Component 1: Assignment 100%. Essay of 5,000 words.
TMM48920	Religion in a Changing Context	7	20	No	This module offers an in-depth exploration of secularisation and the migration of traditional spiritual practices outside of typical religious contexts. This includes a thorough going examination of what it means to be 'spiritual but not religious' particularly with regard to Christianity and the possibility of being Christian without institutionalised religion.	In-person Lectures/seminars; Online Tutorials; Engagement with structured learning materials	Lectures/seminars: 20 hours; tutorials: 1 hour; independent study: 179 hours Total 200 hours	Component 1: Assignment 75%. Essay of 3,750 words. Component 2: Assignment 25%. Essay of 1,250 words.
TMM49320	Healthcare, Wellbeing and Christian Spirituality	7	20	No	The module explores the relationship of Christian spirituality with healthcare and wellbeing. We will look at theological, psychological and medical understandings of human personhood, flourishing, healing, wholeness and wellbeing. We will also examine the relationship between Christian practices and other practices promoting wellbeing as well as the place of spirituality (and specifically Christian spirituality) in healthcare roles and settings.	In-person Lectures/seminars; Online Tutorials; Engagement with structured learning materials	Lectures/seminars: 20 hours; tutorials: 1 hour; independent study: 179 hours Total 200 hours	Component 1: Assignment 100%. Essay of 5,000 words.
TMM49420	Inspiration and Imagination: Creative Expressions of the Spiritual Life	7	20	No	This module will enable students to understand the relationship between Christian Theology & Spirituality and art. This relationship will be placed in historical, cultural, and theological perspective, and the students will be encouraged to develop their own aesthetic and spiritual awareness alongside the possibilities for developing their own creative practice.	In-person Lectures/seminars; Online Tutorials; Engagement with structured learning materials	Lectures/seminars: 20 hours; tutorials: 1 hour; independent study: 179 hours Total 200 hours	Component 1: Assignment 75%. Essay of 3,750 words. Component 2: 25%. Book review of 1,250 words.

TMM49520	Digital Media and Popular Culture	7	20	No	This module examines two interlinking themes: how our accessing of popular culture impacts our theologies and spiritualities and how people experience 'lived culture' today; and how the digital (in all its forms) changes the way we access and engage with theology and spirituality. By examining these two themes in dialogue, we approach the concept of technological- and media-mediated culture which forms the backdrop to spirituality and the way we 'do' theology in the 21st century.	In-person Lectures/seminars; Online Tutorials; Engagement with structured learning materials	Lectures/seminars: 20 hours; tutorials: 1 hour; independent study: 179 hours Total 200 hours	Component 1: Assignment 75%. Essay of 3,750 words. Component 2: 25%. Essay (Blog post) of 1,250 words.
TMM49620	Embodied Christian Spirituality	7	20	No	This module will consider the place of the physical body in Christian spirituality and ask what an embodied spirituality might look like today. We will consider how the body has been presently in Christian spirituality, both historically and today, and consider how particular lived experiences of embodiment (disability, queer, Black, feminist) inform our understandings of how embodiment can influence spirituality.	In-person Lectures/seminars; Online Tutorials; Engagement with structured learning materials	Lectures/seminars: 20 hours; tutorials: 1 hour; independent study: 179 hours Total 200 hours	Component 1: Assignment 75%. Essay of 3,750 words. Component 2: 25%. Essay (Blog post) of 1,250 words.
TMM49720	Gender Sexuality and Spirituality	7	20	No	We will examine the relationship of Christian spirituality with the concepts of gender and sexuality by focusing both on historical and contemporary debates. This will include considerations of the lived experiences of women and LGBTQIA+ individuals within and outside the Church.	In-person Lectures/seminars; Online Tutorials; Engagement with structured learning materials	Lectures/seminars: 20 hours; tutorials: 1 hour; independent study: 179 hours Total 200 hours	Component 1: Assignment 100%. Essay of 5,000 words.
TMM49820	Western Christian Mysticism	7	20	No	This module will consider the development of the western Christian mystical traditions within the wider development of Christian theology and spirituality. This will consider apophatic, affective and experiential understandings (and the emergence of 'mysticism') by considering specific case studies chronologically.	In-person Lectures/seminars; Online Tutorials; Engagement with structured learning materials	Lectures/seminars: 20 hours; tutorials: 1 hour; independent study: 179 hours Total 200 hours	Component 1: Assignment 100%. Essay of 5,000 words.
TMM40A20	Spiritual Accompaniment: Origins Foundations and Theologies	7	20	No	This module considers the origins, foundations and theologies of Spiritual Accompaniment. It explores how the apostolic era, monastic traditions and key saints and theologians have influenced contemporary practice and critically reflects on factors that shape and inform personal theologies. We offer experiential engagement in varied forms of Christian prayer representing culturally diverse music, language and visual stimulus from each continent and critically reflect on immersive experiences of engaging with Christian scripture in Spiritual Accompaniment	In person lectures, workshops. Online seminars, tutorials, and engagement with structured learning materials. Online lectures, workshops, seminars, tutorials, and engagement with structured learning materials. Mixed Mode In person lectures, workshops. Online seminars, tutorials, and engagement with structured learning materials.	In person Lectures, workshops 27 hours; Online seminars 8 hours; Tutorials 1 hour; Independent study 164 hours TOTAL 200 hours Online Online lectures, workshops 23 hours; Online seminars 8 hours; Tutorials 1 hour; Independent study 168 hours TOTAL 200 hours Mixed Mode Lectures, workshops 25 hours; Online seminars 8 hours; Tutorials 1 hour; Independent study 166 hours TOTAL 200 hours	Component 1 Presentation 10 mins 20% Component 2 Essay 2,500 words 80%

TMM41A20	Spiritual Accompaniment: Dynamics Thresholds and Creative Approaches	7	20	No	This module critically examines notions of thresholds, liminality, vocations and transformative experience in the context of Spiritual Accompaniment. It invites critical review of human and faith development models, discernment processes and psychometric tools. We explore the rich traditions and differing practices across the Christian community and critically reflect on the notion of a Rule of Life and individual responses to this. We also consider concepts of transference, counter-transference and projection and how these can be effectively mitigated and managed in Spiritual Accompaniment.	In person lectures, workshops. Online seminars, tutorials, and engagement with structured learning materials. Online lectures, workshops, seminars, tutorials, and engagement with structured learning materials. Mixed Mode In person lectures, workshops. Online seminars, tutorials, and engagement with structured learning materials.	In person Lectures, workshops 27 hours; Online seminars 8 hours; Tutorials 1 hour; Independent study 164 hours TOTAL 200 hours Online Online lectures, workshops 23 hours; Online seminars 8 hours; Tutorials 1 hour; Independent study 168 hours TOTAL 200 hours Mixed Mode Lectures, workshops 25 hours; Online seminars 8 hours; Tutorials 1 hour; Independent study 166 hours TOTAL 200 hours	Component 1 Presentation 10 mins 20% Component 2 Essay 2,500 words 80%
TMM42A20	Spiritual Accompaniment: Developing Practice and Reflection	7	20	No	This module focuses on developing skills and reflective practice in Spiritual Accompaniment. It will critically appraise the purpose and content of ethical frameworks, codes of conduct, working agreements and safeguarding training and how these impact on the practice of Spiritual Accompaniment. Participants will develop their practice of Holy Listening building an effective range of skills and creative practices whilst working in 3s and with practice partners. They will enhance their reflective practice through journaling, feedforward and effective supervision.	In person lectures, workshops. Online seminars, tutorials, and engagement with structured learning materials. Practice with 3s, practice partners and supervision. Online lectures, workshops, seminars, tutorials, and engagement with structured learning materials. Practice with 3s, practice partners and supervision. Mixed Mode In person lectures, workshops. Online seminars, tutorials, and engagement with structured learning materials. Practice with 3s, practice partners and supervision.	In person Lectures, workshops 18 hours; Tutorials 1 hour; Practice 31 hours; Independent study 150 hours TOTAL 200 hours Online Lectures, workshops 18 hours; Tutorials 1 hour; Practice 31 hours; Independent study 150 hours TOTAL 200 hours Mixed mode Lectures, workshops 18 hours; Tutorials 1 hour; Practice 31 hours; Independent study 150 hours TOTAL 200 hours	Component 1: Portfolio 100% Portfolio (6000 words)

TMM41020	Advanced Study of a Theological Text	7	20	No	Participants will in consultation and negotiation with the tutor identify a topic, issue, or ministerial area relevant to the study of the theory and practice of ministry and for the study of which there is relevant expertise in the institution. An independent learning project will be developed which may include both library and practical research. The area chosen may enhance and integrate study from the taught module programme providing the independent study is clearly distinguished from the content of such taught modules	In-person Lectures/seminars; Online Tutorials; Engagement with structured learning materials	Lectures/seminars: 20 hours; tutorials: 1 hour; independent study: 179 hours Total 200 hours	Component 1: Assignment 75%. Essay of 3,750 words. Component 2: 25%. Essay (Encyclopedia Entry) of 1,250 words.
TMM43920	Independent Learning Project (Long)	7	20	No	Participants will in consultation and negotiation with the tutor identify a topic, issue, or ministerial area relevant to the study of the theory and practice of ministry and for the study of which there is relevant expertise in the institution. An independent learning project will be developed which may include both library and practical research. The area chosen may enhance and integrate study from the taught module programme providing the independent study is clearly distinguished from the content of such taught modules	Tutorial supervision: 5 x 1 hour	Tutorial/supervision 5 hours. Personal Study 195 hours. Total 200 hours.	Component 1: Assignment 100% Assignment of 5000 words