

Durham University Nursery Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal DA, G	Toast G	Cereal DA, G	Toast G	Cereal DA, G
Snack	Fresh fruit	Vegetable sticks & Houmous dip G, SU	Oat & sultana breakfast bar G	Fresh fruit	Fresh fruit
Lunch	Main: Beef casserole, new potatoes & peas Vegetarian option - Quorn vegan beef Casserole G Pudding: Ginger tea loaf & vanilla sauce DA, E, G	Main: Cheese pie, mashed potato, broccoli & gravy DA, G Pudding: Yoghurt DA	Starter: Bruschetta & tomato sauce G Vegetarian option - Quorn piece pie DA, E, G Main: Fish pie, sweetcorn & peas DA, G, F	Main: Pork dinner, roast potato, carrots, cauliflower & gravy Vegetarian option - Quorn fillet dinner G Pudding: Natural yoghurt & fruit puree DA	Starter: Naan bread fingers & mint yoghurt DA, G Main: Chicken, coconut & mango chutney curry & brown rice SE Vegetarian option - Lentil curry MU, G
Tea	Main: Tomato, lentil & basil soup with croutons G, SY Pudding: Shortbread biscuit G	Main: Toasted tea cake & butter G, SE Pudding: Lemon drizzle cake E, G	Main: Cheese savoury sandwiches SY, DA, G Pudding: Apricot fool DA	Main: Spaghetti on toast G, SY Pudding: Chocolate orange cake E, G	Main: Cold tuna & sweetcorn pasta G, F Vegetarian option - Cheesy mayonnaise & sweetcorn pasta DA, G Pudding: Sultana loaf E, G

*Cereals containing gluten - G *Soya - SY *Celery - CE *Milk - DA *Eggs - E *Fish - F *Nuts - N *Mustard - MU *Sesame - SE *Lupin - LU

*Sulphur dioxide or sulphite's - SU *Mollusc - SF *Crustaceans - SF *Peanuts - PN

**** PLEASE NOTE**** To meet the needs of children with allergies and dietary needs, a suitable alternative will be offered.