

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal DA, G	Toast G	Toast G	Cereal DA, G	Cereal DA, G
Snack	Fruit	Muffin & cucumber sticks G, SY, SE	Breadsticks, cucumber sticks & tzatziki dip DA, G, SY, SE, MU, SU	Cream cracker & spread & tomatoes G	Toast & spread, bananas G SY
Lunch	Main: Pork, leek & mustard casserole, new potatoes, sweetcorn MU Vegetarian option - Quorn, leek & mustard casserole MU, E Pudding: Pineapple upside down cake & custard SU, DA, G, E	Main: Chicken dinner, roast potatoes, stuffing, swede, broccoli & gravy G Vegetarian option - Quorn fillet dinner G Pudding: Rice pudding DA	Starter: Mini potato & vegetable cakes G Main: Veg chilli con carne and rice G	Main: Fish cake, baby potatoes & peas F, DA, G Vegetarian option - Cheese patty DA, G Pudding: Apple crumble and custard DA, G	Starter: Bruschetta with cheese & tomato DA, G, Main: Beef Bolognese & pasta G Vegetarian option - Vegan mince Bolognese & pasta G, SY
Tea	Main: Tuna sandwich, cucumber & pepper F, SY, G Vegetarian option - Cheese Sandwich SY, G, DA Pudding: Natural yoghurt DA	Main: Cheese & chive scone & peppers G, MU Pudding: Strawberry jam tarts G	Main: Ham & cheese pizza—French bread DA, G Vegetarian option - Cheese Pizza DA, G Pudding: Blueberry & banana cake G, E	Main: Leek lentil & potato soup G Pudding: Fresh fruit	Main: Sweet herby potato wedges & houmous G, SU Pudding: Ginger biscuits G

*Cereals containing gluten - G *Soya - SY *Celery - CE *Milk - DA *Eggs - E *Fish - F *Nuts - N *Mustard - MU *Sesame - SE *Lupin - LU
 *Sulphur dioxide or sulphite's - SU *Mollusc - SF *Crustaceans - SF *Peanuts - PN

**** PLEASE NOTE**** To meet the needs of children with allergies and dietary needs, a suitable alternative will be of-