

How to?

## 16) Food allergen labelling

### Check your understanding by:

Why is it essential that allergens are labelled correctly on foods?

Name **four** allergens which must be stated on a label if a food contains this.

Summarise the allergen labelling requirements, including those for pre-packed for direct sale

State a possible method to ensure compliance with these new labelling requirements.

### You can tell it's correct if:

Sufficient information is available for customers on food allergen contents when this is required.

Foods are adequately labelled.

Team members are aware of the importance of correct food labels.

### Hints and tips:

If possible compile a list of student/customers with certain food allergies. This will mean that the dietary requirements of certain students/customers are well known, and food can be prepared accordingly, in the safest possible way.